

# UConn | COLLEGE OF AGRICULTURE, HEALTH AND NATURAL RESOURCES

## PLAN OF STUDY FORM Catalog Year 2023-2024 NUTRITIONAL SCIENCES MAJOR

### DIRECTIONS

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- This Plan of Study (plan) is used as a *worksheet* during initial registration and every subsequent semester to determine minimum requirements and progress toward completing the degree. A *preliminary plan* is developed and submitted to the advisor by the end of the sophomore year (or equivalent time for transfer students).
- **A final plan must be approved by advisor and the department head, and submitted to the Degree Auditor in the Registrars Office (1<sup>st</sup> floor, Wilbur Cross Building) no later than the end of the tenth week of classes of the semester prior to the anticipated semester of graduation.**
- Students must complete all major and general education course requirements and earn:  
**At least 120 credits toward the degree**  
**At least a 2.0 Cumulative Grade Point Average (CGPA)**  
**At least a 2.0 Grade Point Average for ALL courses listed in the 36 Credit Requirement**
- University of Connecticut General Education Requirements (GER), are outlined in the Academic Regulations section of the *Undergraduate Catalog*. Only approved courses may be used to meet requirements.
- Students should use their Academic Requirements Report (accessible in Student Admin) along with the Plan of Study to view their graduation requirements and assess status toward degree. Students must be attentive to credit restrictions (repeated courses, out of sequence classes, etc.). Courses taken Pass/Fail may NOT be used to meet any requirements.

### STUDENT AND DEGREE INFORMATION

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Must be filed out complete on your final plan of study.

Select One:

Preliminary Plan

Final Plan

Name \_\_\_\_\_ Student I.D.: \_\_\_\_\_  
First Middle Last

Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_

Current Address: \_\_\_\_\_  
Street City/Town State Zio Code

Month and Year of Anticipated Graduation:  May  August  December Year: \_\_\_\_\_

Are you pursuing a double major in CAHNR:  Yes  No If YES, submit Double Major Attachment with final plans of study

Please list below any minors that you plan to earn and submit a final minor plan of study with your final major plan of study.

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At the completion of semester you intend to graduate, will you have earned 120 or more credits?  Yes  No

### APPROVAL SIGNATURES

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\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Advisor Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Department Head's Signature

\_\_\_\_\_  
Date

**The final plan of study must be submitted to the Registrar's Office in the Wilbur Cross Building.  
Please remember to keep a copy of the plan for your records.**

**PART I: GENERAL EDUCATION REQUIREMENTS (GER) <sup>1</sup>**

Courses approved to meet GER are outlined in the Academic Regulations section of the *Undergraduate Catalog*.

*Courses in Content Areas 1-3 must be in 6 different departments.*

*One course from Content Area 4 may be used to fulfill a requirement in Content Areas 1-3.*

Content Area	Dept.	Course No.	Credits	Semester/Year	Grade
<input type="checkbox"/> Foreign Languages (3 years single language in high school) OR pass second course in first-year college sequence					
<input type="checkbox"/>				____ / ____	____
				____ / ____	____
ENGL 1007 or 1010 or 1011				____ / ____	____
"W" Course				____ / ____	____
"W" Course ( <i>within major</i> )				____ / ____	____
"Q" Course				____ / ____	____
"Q" Course ( <i>MATH or STAT</i> )				____ / ____	____
Environmental Literacy ( <i>total 3 credits</i> )				____ / ____	____
1 Arts & Humanities ( <i>total 6 credits</i> )				____ / ____	____
				____ / ____	____
2 Social Sciences ( <i>total 6 credits</i> )				____ / ____	____
				____ / ____	____
3 Science & Technology ( <i>total 6 credits – include one 4-credit laboratory course</i> )				____ / ____	____
				____ / ____	____
4 Diversity & Multiculturalism ( <i>total 6 credits – one must be "International" course</i> )				____ / ____	____
				____ / ____	____

**Computer Technology Competency:** See major requirements

**Information Literacy Competency:** See major requirements

## NUTRITIONAL SCIENCES

### PART II: INDIVIDUAL COURSE REQUIREMENTS OF NUTRITIONAL SCIENCES MAJOR<sup>1</sup>

Courses in this section that are numbered 2000-level or above may also be used to meet the 36 Credit Requirement (Part III).

**ALL of the following:**

Dept.	No.	Course Title	Credits	Semester/Year	Grade
NUSC	1165	Fundamentals of Nutrition	3	_____ / _____	_____
NUSC	2200	Nutrition and Human Development	3	_____ / _____	_____
NUSC	4236	Nutritional Biochemistry & Metabolism	4	_____ / _____	_____
NUSC	<input type="checkbox"/> 4237W <input type="checkbox"/> or 4296W	Writing in Nutritional Sciences or Senior Thesis in Nutrition	_____	_____ / _____	_____
BIOL	1107	Principles of Biology I	4	_____ / _____	_____
CHEM	<input type="checkbox"/> 1124Q & 1125Q <input type="checkbox"/> or 1127Q & 1128Q	Fundamentals of General I and II or General Chemistry I and II	_____	_____ / _____	_____
CHEM	<input type="checkbox"/> 2241 <input type="checkbox"/> or 2443 and 2444	Organic Chemistry	_____	_____ / _____	_____
PNB	2264 and 2265 <input type="checkbox"/> or BIOL 1108 & PNB 2250 <input type="checkbox"/> or BIOL 1108 & PATH 2100	Physiology and Anatomy	_____	_____ / _____	_____
MCB	<input type="checkbox"/> 2000 <input type="checkbox"/> or 3010	Introduction to Biochemistry or Biochemistry	_____	_____ / _____	_____

Nutritional Sciences majors must also earn a minimum of 6 additional credits, numbered 2000 level or above, in the Department of Nutritional Sciences (NUSC). Field experiences and independent study credits cannot be used to meet this 6-credit requirement. Specific course recommendations are listed in the Undergraduate Bachelor Degree Program brochure in the department.

**Minimum 6 additional credits at 2000-level or above in NUSC (cannot use field experiences or independent studies):**

Dept.	No.	Course Title	Credits	Semester/Year	Grade
NUSC	_____	_____	_____	_____ / _____	_____
NUSC	_____	_____	_____	_____ / _____	_____
NUSC	_____	_____	_____	_____ / _____	_____
NUSC	_____	_____	_____	_____ / _____	_____

*Writing Competency:* Students must pass NUSC 4237W or 4296W

*Computer Technology Competency:* There are no advanced requirements for the major.

*Information Literacy Competency:* Students must pass NUSC 4237W or 4296W.

## NUTRITIONAL SCIENCES

### **PART IIa: Didactic Program in Dietetics Concentration**

Nutritional Sciences students preparing to apply for a dietetics internship in preparation to become a registered dietitian may enroll in the Didactic Program in Dietetics. To declare a concentration in the Didactic Program in Dietetics, students must have the following:

1. A cumulative GPA of 3.0 or higher.
2. Successful completion of the following courses with a grade of C or higher:
  - a. CHEM 1124Q & 1125Q or CHEM 1127Q & 1128Q
  - b. BIOL 1107
3. Successful completion of the following courses with a grade of B or higher:
  - a. NUSC 1165
  - b. NUSC 2200

To earn a verification statement, students must meet the above grade requirements; complete the core requirements for all Nutritional Sciences majors (including MCB 2000 and PNB 2264 and 2265); and earn a Didactic Program in Dietetics GPA of at least 3.0 by successfully completing the following courses with a grade of C or higher:

***ALL of the following:***

Dept.	No.	Course Title	Credits	Semester/Year	Grade
NUSC	1167	Food, Culture and Society	3	_____ / _____	_____
NUSC	3150	Medical Nutrition Therapy I	3	_____ / _____	_____
NUSC	3230	Community Nutrition	3	_____ / _____	_____
NUSC	3233	Food Composition and Preparation	3	_____ / _____	_____
NUSC	3234	Food Composition and Preparation Laboratory	1	_____ / _____	_____
NUSC	3245	Profession of Dietetics	1	_____ / _____	_____
NUSC	3250	Medical Nutrition Therapy II	3	_____ / _____	_____
NUSC	3271	Food Services Systems Mgmt. Lab/Disc	2	_____ / _____	_____
NUSC	3272	Food Services Systems Mgmt. I	2	_____ / _____	_____
NUSC	4100	Dietetic Career Readiness	1	_____ / _____	_____
NUSC	4272	Food Services Systems Mgmt. II	2	_____ / _____	_____
CHEM	<input type="checkbox"/> 2241 <input type="checkbox"/> or 2443 & 2444	Organic Chemistry	_____	_____ / _____	_____
MCB	2610	Fundamentals of Microbiology	4	_____ / _____	_____
	<input type="checkbox"/> AH 4242 <input type="checkbox"/> or EPSY 3010	Counseling & Teaching for the Health Professional Educational Psychology	3	_____ / _____	_____
AH	4244	Management for the Health Professional	3	_____ / _____	_____
STAT	<input type="checkbox"/> 1000Q <input type="checkbox"/> or 1100Q	Introduction to Statistics I or Elementary Concepts of Statistics	4	_____ / _____	_____
	<input type="checkbox"/> SOCI 1001 <input type="checkbox"/> or PSYC 1100	Introduction to Sociology or General Psychology I	3	_____ / _____	_____

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## ONLINE PLAN OF STUDY FORM ATTACHMENT

### PART III: 36 CREDIT REQUIREMENT FOR ALL MAJORS<sup>1</sup>

Each student is required to successfully complete at least 36 credits of courses that are numbered 2000-level or above in or relating to their major. These courses may also be used to meet other requirements. This group of courses must:

1. Total not less than 36 credits
2. Be numbered 2000 or above
3. Be approved by student's advisor and department head
4. Be taken at the University of Connecticut<sup>2</sup>
5. Include two or more departments
6. Include at least 15 credits from departments in the College of Agriculture, Health and Natural Resources
7. Have a combined Grade Point Average of at least 2.0
8. Not include more than 6 credits (combined) of Independent Study, Internship, or Field Studies (if included, these courses must be taken at the University of Connecticut)
9. Not be taken on Pass/ Fail (P@ / F@)
10. Not include more than 6 credits of Satisfactory/Unsatisfactory (S/U) coursework

Dept.	No.	Credits	Semester/Year	Grade
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____

Dept.	No.	Credits	Semester/Year	Grade
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____

Credits from departments in CAHNR (15 required): \_\_\_\_\_

(CAHNR subject codes include AGNR, AH, ANSC, ARE, DGS, DIET, ENVS, EVST, HORT, KINS, LAND, MLSC, NRE, NUSC, PLSC, PATH, SOIL, SPSS, TURF)

Total Credits in 36 credit group: \_\_\_\_\_

<sup>1</sup>Courses taken on Pass/Fail may NOT be used to meet any requirements.

<sup>2</sup>**Residence Requirement.** It is expected that advanced course work in the major will be completed at the University of Connecticut. However, students may be eligible to use up-to six credits from other institutions in the 36-credit group if approved by their advisor and department head. These credits must be identified as courses comparable to specific University of Connecticut courses and cannot include internships, special topics, or non-specific discipline credits. Transfer students must complete at least 30 credits of 2000-level or higher course work at the University of Connecticut, including at least 15 credits in College of Agriculture, Health and Natural Resources courses.